



Outdoor Spring Soccer Academy at OLPH

U7 / U8 Boys (2007 & 2006)

Thursdays 6:00 - 7:00 PM

April 17th - June 26th

OLPH School Field

1 Garfield Ave

Cost: \$225

(online payment available at www.usc-academy.ca/onlineregistration.html)

This program is perfect for boys enrolled in House League or other soccer development programs. Players will be taught basic ball skills and given the tools to imitate moves professional players use. Besides age/ability specific soccer development, a player will enjoy scrimmages and game related activities.

All training sessions follow the “Long Term Player Development Model”. The goal is to help players to understand the game better, to acquire skills early and to prepare them to one day become part of a competitive team, or to simply excel at soccer.

What to wear/bring:

- weather appropriate sports attire
- soccer shoes (turf field)
- shin pads
- water bottle
- running shoes (In case of rain we will be in the gym)

*USC has been in operation for 14 years.
We have trained thousands of players in the GTA,
helping them grow and develop as athletes and individuals.
This clinic will be run by professional coaches
provided by the USC Academy.*



**NEW
Spring
Soccer Program**



Along with improved soccer skills your child will gain:

- Improvement of balance and co-ordination, as well as posture
- Development of cognitive skills
- Increased self confidence
- Improved social skills
- Enhanced muscle and bone development
- More body awareness and understanding of the benefits of exercise

FAQ

Can my son train at USC and still play for their club House League?

Yes. USC encourages young players to get as many touches on the ball as possible, whether it is House League or schoolyard footy.

If I enroll in this program, will my son be part of a USC Academy team this summer?

No. USC may call up exceptionally gifted players to train and play with the Academy team. These call ups are on an individual basis and at the discretion of the Academy team head coaches.

For all enquiries please contact Coach Aleco at 647-998-0108 or aleco.borba@gmail.com

Online registration: www.usc-academy.ca/onlineregistration.html